

# End of Week

## REVIEW

DATE (WEEK ENDING)	
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WHAT WENT WELL

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- \_\_\_\_\_

WHAT HAVE I APPRECIATED  
ABOUT MYSELF THIS WEEK?

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WHAT WORK DID I LOVE  
DOING?

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WHERE DID I FEEL JOY IN  
MY WORKING WEEK?

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I'M GRATEFUL FOR:

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WHAT WOULD MAKE NEXT  
WEEK EVEN BETTER?

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One word to  
describe this week:

What you'd like to  
embody next week: